

BPA News

Black Psychiatrists of America, Inc.



As we move into the 2022 operational year. Several individuals are deserving of acknowledgment as this passing of the baton takes place. First, I must offer thanks to Ben Roy, our Immediate Past-President who has built upon our strong legacy of scholarship and service, laying the groundwork for BPA's future success. He has cultivated and consolidated important relationships who are committed to collaborating and supporting our aims and objectives. Thank you, Ben!

I extend my thanks and appreciation also to William Lawson who has served as our Treasurer for three years, during a challenging season and well beyond the two years to which he originally agreed. Thank you, Bill! TO Sam Okpaku, who faithfully served as BPA's Immediate-Past President, for your sage wisdom and presence of your steady hand, I thank you!

To the BPA Board of Directors who have served diligently to make the hard decisions and choices necessary to keep us afloat, doing the heavy lifting after the untimely passing of "Nana" Patricia Newton. I extend my heartfelt thanks to each and every one of you!

And last, but not least, to our Executive Director, Napoleon Higgins who has gone above and beyond to provide structure and stability over the past 7 months. BPA would not be in the strong position it is in today were it not for his and the many contributions of others, too numerous to mention. Because of all of you, we are poised to effect meaningful change and growth for our fellow professionals and those we serve. BPA has much to celebrate in 2022, however, much is required of us in this current discordant and polarized world. As your President, I have what some have called an overly ambitious vision and agenda; you can judge for yourselves.

"If there is no struggle, there is no progress." – Frederick Douglass

Executive Committee

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Cynthia Turner-Graham, M.D.

EXECUTIVE DIRECTOR

Napoleon Higgins, M.D.

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Stephan McLeod-Bryant, M.D.

SECRETARY

Topaz Sampson, M.D.

TREASURER

Ikwunga Winodi, M.D., MBA

IMMEDIATE PAST PRESIDENT

Benjamin Roy, M.D.

CHAIRPERSON, SCIENTIFIC PROGRAM COMMITTEE

Danielle Hairston, M.D.

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Mid-Atlantic/ Eastern Regional Trustee Region I

Tiffani L. Bell, M.D.

Midwestern Regional Trustee, Region III

Welton C. Washington, M.D.

Western Regional Trustee, Region IV

Dr. Wilsa M.S. Charles Malveaux, M.D., M.A.



Vision for Black Psychiatrists of America, Inc. - 2022-2024

- 1.BPA will contribute to the national conversation around racism as a public health issue in ways that will promote mutual understanding between warring groups, and ultimately promote healing for a wounded, polarized and suffering America;
- 2.BPA will develop and expand our capacity for advocacy around mental health and justice issues at the federal, state and local levels;
- 3.BPA will actively engage academic psychiatrists, provide opportunities for mentorship support, for collaboration and increased access to research dollars;
- 4.Our national, state and local lawmakers will look to BPA members as content experts whose knowledge will inform development of health and mental health legislation impacting people of color;
- 5.BPA will become the trusted and sought-after voice for journalists as they address the impact of ongoing tumult in our world on the mental health and wellness of people of the diaspora and other people of color;
- 6.BPA will provide educational opportunities not only for its members but also for other mental health professionals, our patients, their families and the communities we serve, for the purpose of raising the level of mental health literacy;
- 7.BPA will expand our promotion of culturally sensitive and informed self-care practices as an essential component of our professional success;
- 8.A substantial proportion of BPA members will contribute their time, energy and expertise to the operations and effective functioning of our organization.
- 9 BPA will strategically invest human and material resources in cultivating and mentoring the next generation of Black psychiatrists.

This is my vision and I'm sticking to it! In all seriousness, we possess an amazing brain trust among our ranks. Please note that what is described above is not likely to be found among the priorities of other professional organizations with which we are affiliated. Admittedly ambitious, I believe all is within our reach in time.

I look forward to hearing your reactions to this vision, and learning about your vision for BPA in the weeks and months to come.

Cynthia Turner-Graham, M.D., President
ForSoundMind@gmail.com

Join our Listserv

BPA is excited to announce the launching of our official BPA Listserv. Joins us for up to date content and conversations. Sign up today at <https://www.blackpsychiatrists.org/listserv>





The Black Psychiatrists of America would like to introduce our newest officer to the Board, Dr. Stephen McLeod-Bryant, BPA President-Elect. We look forward to his vast experience in public and organized psychiatry and his impact on the continual growth of the BPA.

Dr. McLeod-Bryant was born and raised in Binghamton, NY. He attended the University of Rochester, receiving a BA, magna cum laude, in Cybernetics, then received his M.D. there in 1984. He completed his residency in psychiatry at the Tufts-New England Medical Center in Boston, MA. After finishing his residency in 1988, he became a faculty member of the Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina (MUSC).

After 24 years at MUSC, he left Charleston to join Meharry Medical College's Department of Psychiatry and Behavioral Sciences. In 2015, he left Meharry and joined the University of Miami's Department of Psychiatry and Behavioral Sciences and is currently Clinical Associate Professor.

A promotional banner for the NMA 2022 Atlanta Annual Convention & Scientific Assembly. The background is a cityscape of Atlanta at sunset. The text "July 30–August 3 2022" is in purple. The word "ATLANTA" is in large, stylized letters with "INTERSTATE" and "Seven Stars" integrated into the letters. Below it, "ANNUAL CONVENTION & SCIENTIFIC ASSEMBLY" is written in white. On the left, a vertical purple bar contains "#NMA2022ATL". On the right, there are two logos: the NMA National Medical Association logo (top right) and the NMA 125th Anniversary logo (bottom right) with the text "1895 • 2020".

To register for the NMA Convention as a member you must be a member in good standing through 2022. Before you begin, you'll need your NMA Member/Constituent ID and the spelling of your Last Name as it is styled with your NMA Membership. If you need assistance recalling your NMA Member/Constituent ID, please call NMA Membership at (800)-662-0554 to verify your membership. For more information and to register [click here](#)



The BPA Conference entitled "Re-emergence and Advancement of Black Mental Health—Thriving and Building Wellness" was successful. The dates of the conference were November 12-14, 2021. It was our first conference during the COVID-19 pandemic. After much discussion, the Board decided to do the entire conference virtually. This virtual conference would also be a first for the BPA.

"Teamwork made the dream work." The decisions and fortitude of the Board program committee under the leadership of Drs. Danielle Hairston and co-lead Nicole Washington and Executive Director Napoleon B Higgins, Jr. helped make all of this a success. But indeed, the main stars were the members that attended. You all showed the BPA still matters to you. The depth of information regarding Black mental health can only be heard at BPA. It was well enjoyed, the audience was well engaged throughout the entire conference, and we did not lose attendees even until the last day.

It was well enjoyed, the audience was well engaged throughout the entire conference, and we did not lose attendees even until the last day. The fact is, we kept the party going well after the official time the conference was over with a general meeting, lively conversations, and just simply catching up with colleagues and friends that we had not seen in a long time.

We look forward to our upcoming Spring and Fall meetings. Our Spring meeting will be Virtual Schedule tentatively for April 30th. We are keeping our fingers crossed that we could renew the Transcultural Conference this coming Fall.

Napoleon B. Higgins, Jr. MD
Executive Director, BPA

MEMBERSHIP 2022 DUES


At BPA, since 1969 we have believed in the power of Black Psychiatrists to break down barriers and the ability to move the world forward. Our mission is to be a leader in "LIFTING MINDS" of both Black psychiatrists and the populations we serve and represent. We are committed to building a legacy and pipeline to empower trainees and post-training psychiatrists to solidify our work and create breakthrough innovations that directly impact the Black community. We are a membership-based organization, and we can not do this without the help of like-minded individuals who are helping carry the torch. We ask that to continue the movement and pay your 2022 dues.



Innovations in Global Mental Health

This is a comprehensive set of two volumes which examine innovations in the field of global mental health. It addresses the essential issues confronting the field and highlights instances of innovation and creativity in the field. This is a sequel to a previous volume Essentials of Global Mental Health that won a high commendation in 2015 from the British Medical Association. The volume is highly recommended for global mental health students, mental health practitioners, academicians, policy makers, and administrators.

AMERICAN
PSYCHIATRIC
ASSOCIATION




ANNUAL MEETING

May 21-25, 2022 • New Orleans
June 7-10, 2022 • Online

APA is gathering in-person for the first time since 2019, in the birthplace of jazz, New Orleans!

Our attendees' safety is fundamental, as is flexibility for those who need it. APA is offering both the in-person experience in New Orleans and an online option connecting you from your home to the foremost scientific program in psychiatry. Whichever way you prefer to attend, it's a chance to reconnect with your peers and reinvigorate your practice.

With 300+ educational sessions and courses covering 50+ topics, APA's Annual Meeting in New Orleans is the best place to connect with colleagues, get the latest in scientific advances, and meet your certification and licensure requirements.

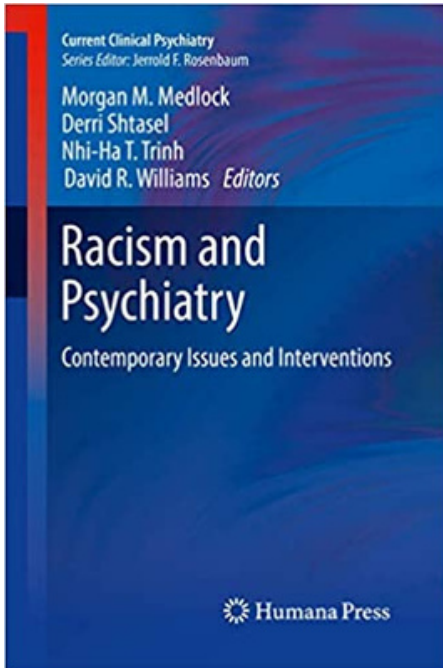
[Register Today.](#) 

We need to know about the work you are doing in the world to make a difference. Send your articles, stories & pictures to info@blackpsychs.org

Include a high-resolution electronic picture of yourself and relevant content.
If submitting images, please include them in an attachment with a caption explaining the image.

- Please subscribe to all FAIR USE AND IMAGE COPYRIGHT LAWS.

Publications



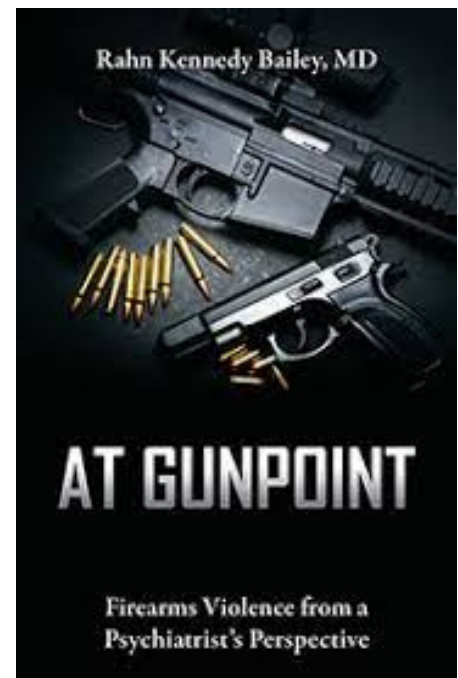
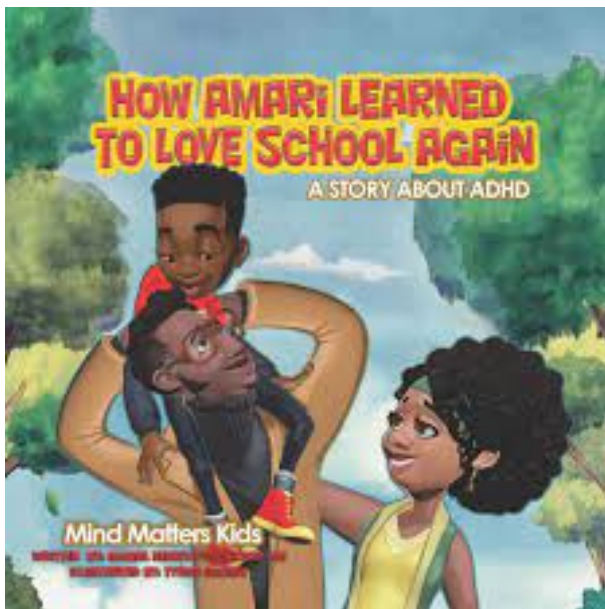
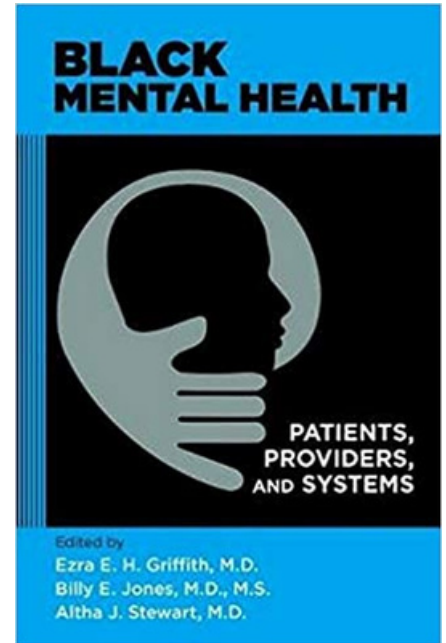
MIND MATTERS



A Resource Guide to Psychiatry for Black Communities

Wita Anderson III, MD • Timothy C. Benson, MD • Malika Bortner, MD • Selma Collins, MD
Tina Gooden, MD • Nathaniel S. Higgins, Jr, MD • Joshua Lee, Jr, MD • Michael Pratt, MD
Kerren Solomon, MD • Joe Carlo Strain, MD

GLOBAL HEALTH PSYCHIATRY LLC



EXPANDING OUR REACH: IMPROVING
BLACK MENTAL HEALTH THROUGH
INNOVATION.

2022

**BLACK
PSYCHIATRISTS
OF AMERICA (BPA)
SPRING SYMPOSIUM**

1969

DATE: SATURDAY, APRIL 30, 2022

BEGINS AT 10:30 AM EST

BLACKPSYCHIATRISTS.ORG

Spring Conference Agenda

10:30 AM EST TO 11:00 AM EST

WELCOME, INTRODUCTIONS, AND DIRECTIONS

11:00 AM EST TO 12:30 PM EST

EXPANDING OUR REACH THROUGH PUBLICATIONS (SARAH VINSON MD)

12:45 PM EST TO 1:45 PM EST

EXPANDING OUR REACH THROUGH PODCASTING (DANIELLE HAIRSTON MD, NZINGA HARRISON MD, AND NICOLE WASHINGTON, DO)

2:00 PM EST TO 3:00 PM EST

EXPANDING OUR REACH THROUGH VIRTUAL PATIENT CARE (NICOLE WASHINGTON DO, NAPOLEON HIGGINS M.D.)

3:15 PM EST TO 4:45 PM EST

EXPANDING OUR REACH THROUGH LEADERSHIP

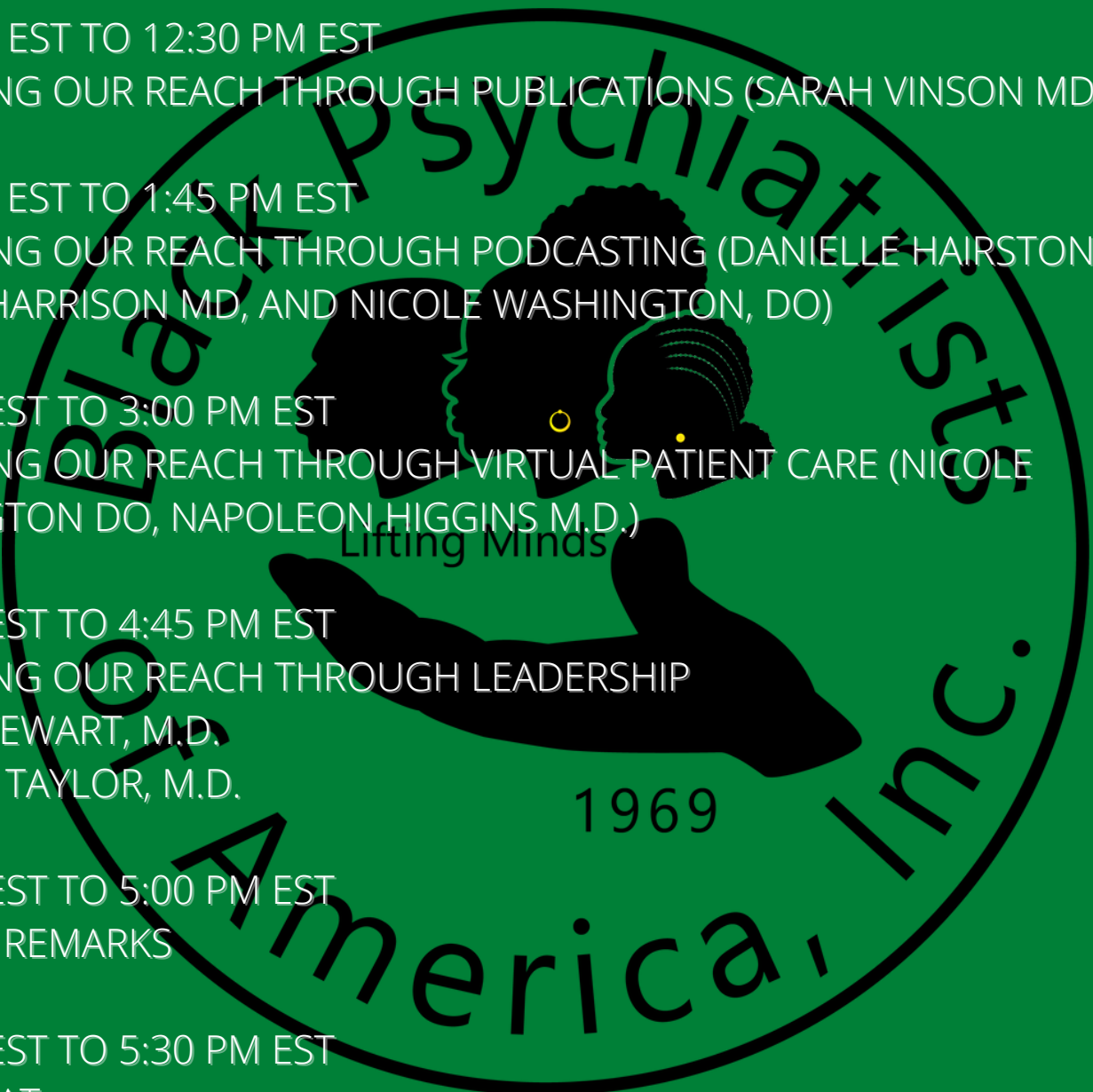
ALTHA STEWART, M.D.
STEPHEN TAYLOR, M.D.

4:45 PM EST TO 5:00 PM EST

CLOSING REMARKS

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OPEN CHAT



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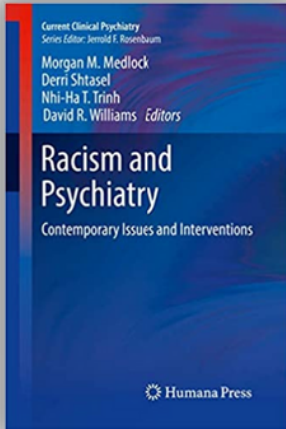
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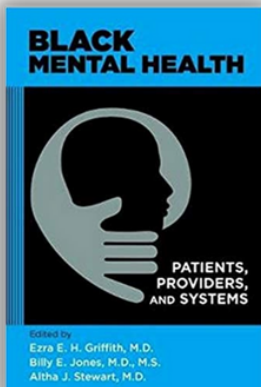
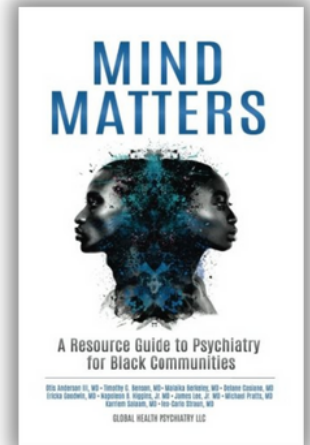


Racism and Psychiatry: Contemporary Issues and Interventions

by Morgan M. Medlock, Derri Shtasel, Nhi-Ha T. Trinh, David R. Williams

Mind Matters: A Resource Guide to Psychiatry for Black Communities

by Global Health Psychiatry, LLC , Otis Anderson III MD, Timothy G Benson MD, Malaika Berkeley MD, Delane Casiano MD, Ericka Goodwin MD, Napoleon B Higgins Jr MD, James Lee Jr MD, Michael Pratts MD, Karriem Salaam MD



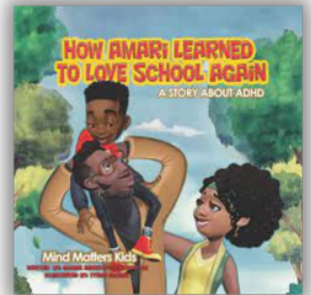
Black Mental Health: Patients, Providers, and Systems 1st Edition

by Ed. Griffith, Ezra E.H., Billy E Jones, M.D., M.S., and Altha J Stewart, M.D.

Publications

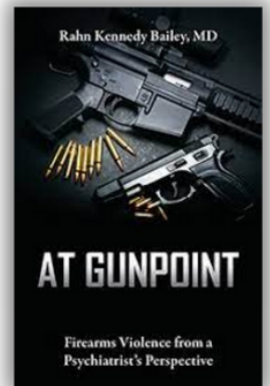
How Amari Learned To Love School Again: A Story About ADHD

by Global Health Psychiatry, Otis Anderson III MD, Karriem Salaam MD, Malaika Berkeley MD, Delane Casiano MD (Author), Ericka Goodwin MD, Napoleon B Higgins Jr MD, James Lee Jr MD, and Michael Pratts MD



At Gunpoint: Firearms Violence from a Psychiatrist's Perspective

by Dr Rahn Kennedy Bailey



EXPANDING OUR REACH: IMPROVING BLACK MENTAL HEALTH THROUGH INNOVATION.

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